

# Contemporary Guitar Grade 2 - Technical Exercise 1

As part of your Grade 2 exam on the Contemporary Guitar syllabus, you will be required to play through a number of technical exercises.

In this lesson, and accompanying video, we will be looking at Technical Exercise 1.

This exercise can be played on an electric or an acoustic guitar using your fingers or a plectrum.

The tempo of this exercise is 60bpm, you can also play this with, or without a metronome to guide you.

This exercise is based around a picked D Major chord followed by an ascending and descending run through the D Major scale.

Hold D major chord

♩ = 60

Guitar

Guitar

Gtr.

Gtr.

Gtr.

Gtr.

This exercise is played as mostly eighth notes, which means two notes per beat. The tempo is marked at 60bpm, but because the stream of notes sticks mostly to two note per beat groupings, this is easy to practise at a slower tempo with a metronome.

When working on long phrases such as this, it is useful to break it down into smaller segments. In the video you'll see this broken down into an ascending segment that runs from bar 2 to bar 4, and a descending segment that runs from bar 5 to bar 8. You could also break this down bar by bar.

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## About the Author

Leigh is an experienced guitar teacher and professional guitarist, helping students of all learning abilities to progress their guitar playing. He is part of a guitar teaching team at [MusicTeacher.com](https://www.musicteacher.com) who are able offer [guitar lessons](#) to students across the world. To find your perfect guitar teacher to help with your Music Teachers Board graded exam, search our international music teacher database at MusicTeacher.com.