

Contemporary Guitar Grade 1 - Technical Exercise 2

As part of your Grade 1 exam on the Contemporary Guitar syllabus, you will be required to play through a number of technical exercises.

In this lesson, and accompanying video, we will be looking at Technical Exercise 2.

This exercise can be played on an electric or an acoustic guitar using your fingers or a plectrum.

The tempo of this exercise is 60bpm, you can also play this with, or without a metronome to guide you.

This exercise is a chord sequence that uses all 7 chords of the key of G Major, starting on G, working through the key in order before returning to the G.

Each chord is strummed and held for a two beat duration. In each bar you will be playing each chord twice, once on the first beat and once on the third.

♩ = 60

G major A minor B minor C major

Guitar

Guitar

T 3 3 0 0 2 2 0 0
A 0 0 1 1 3 3 1 1
B 0 0 2 2 4 4 0 0
3 3 0 0 4 4 2 2
3 3 0 0 4 4 3 3

5

D major E minor F# diminished G major

Gtr.

Gtr.

2 2 0 0 2 2 3 3
3 3 0 0 1 1 0 0
2 2 0 0 2 2 0 0
0 0 2 2 1 1 0 0
2 2 2 2 1 1 2 2
0 0 0 0 3 3 3 3

Some of the chord changes may feel tricky at first, you can practise this by slowing down your metronome to make sure the chord changes are clean and consistent, before you push the tempo up to 60bpm.

About the Author

Leigh is an experienced guitar teacher and professional guitarist, helping students of all learning abilities to progress their guitar playing. He is part of a guitar teaching team at [MusicTeacher.com](https://www.musicteacher.com)

who are able offer [guitar lessons](#) to students across the world. To find your perfect guitar teacher to help with your Music Teachers Board graded exam, search our international music teacher database at MusicTeacher.com.